



Dress Code Policy for Rep and Select Teams

The NMHA's goal is for our Representative and Select teams to look professional at all times when representing our association – both on and off the ice.

Accordingly, the NMHA Executive has approved the following dress code this is to be implemented for the following:

• All home and away games, including Tournaments, Players and Coaches for Rep and Select teams are required to wear:

1. Shirt and tie (any colour), dress pants (any colour)
2. Dress shoes or boots or dressy running shoes (clean and fresh looking)
3. A Nighthawks team jacket or a Suit jacket
4. Female players may substitute a blouse for the shirt and tie)

– OR –

5. The approved Nighthawks warm-up suit that has been purchased from Trudy's Source for Sports in Cobourg (formally Sommervilles Sporting Goods)

*Please Note: Teams may not mix and match attire; the entire team must wear either the dress shirt, tie and dress pants or the warm-up suit.

• Baseball caps are NOT permitted to be worn by Players and/or Coaches while in their dress attire, except those suffering from hair loss; Nighthawks toques are acceptable.

Team Trainers are permitted to wear a Nighthawks' warm-up suit at all times as this attire is more appropriate to their function.

• During REP or Select team practices, on-ice Team Staff are required to wear an approved NMHA warmup suit.

All players (excluding goalies) are required wear black helmets, NMHA-approved pant covers (from Trudy's Source for Sports, previously Sommervilles Sporting Goods), and black or blue gloves for all practice and games (home, away or tournaments)